



# Holland



## SPORT IN HOLLAND

Field hockey is one of the most highly-ranked sports in Holland, with the majority of clubs based in the south including Rotterdam and The Hague. This is a country that is passionate about sport and attracts teams of varying levels from all over the world due to its world-class facilities.

Soccer is played at all ages and standards, it is easy to combine some competitive matches with a stadium visit to one of the legendary Dutch sides such as Ajax or PSV Eindhoven.

Rugby is played throughout Holland, the Dutch are very hospitable and welcome touring sides of all ages and abilities.

Holland is also one of the most developed European cricketing nations who will also be competing in the 2007 World Cup. Cricket is played in regions such as Amsterdam, Rotterdam, and The Hague.

With excellent facilities, specially designated sports hostels, masses of excursion options and that famous Dutch hospitality, Holland is an ideal destination for a short haul or first overseas sports tour! Depending on your preference, we can organise tours to the following regions:



### Amsterdam

#### A city on the water

The capital of Holland, Amsterdam is one of the greatest small cities in the world. From its humble beginnings as a 13th century fishing village, to the present day as a major hub for business, tourism and culture, Amsterdam is a fantastic place to visit at any time of year. Take a stroll around the narrow streets and visit one of the many colourful markets or visit the Museumplein to check out the Van Gogh Museum or Rijksmuseum, two of the best in the world. A canal boat cruise along the city's waterways is a great way to relax and unwind!



### Eindhoven

#### Home to PSV

Located in South Holland, Eindhoven is the fifth-largest city in the Netherlands and home to the world-famous PSV soccer team, based at the Philips Stadium where you can take a 2 hour English-guided tour with drink and cake! The popular Stayokay sports hostel, located in the nearby town of Valkenswaard, is an excellent base for a tour, situated on the edge of the Den Dries Sports Park, you have soccer, rugby and hockey pitches plus tennis courts literally on your door-step - ideal for practice sessions! With an excellent swimming complex and bowling alley close-by, you won't have to travel far to make the most of your tour.



### Noordwijk

#### The flower seaside resort of Europe

Situated between Amsterdam and The Hague, in the heart of the Dutch bulb-growing area, Noordwijk is known as the flower seaside resort of Europe. Surrounded by woods and dunes its wide, sandy beach stretches for 13 km where you can take part in sand-sculpting, power kiting, beach volleyball and dune scooters safaris to name a few! Other attractions within easy reach include the Duinrell Amusement Park and Swimming Complex, Noordwijk Space Expo and the city of Amsterdam.



## i THINGS TO SEE & DO

- Efteling or Duinrell Amusement Parks
- Ajax or PSV Eindhoven Stadium Tours
- Tropicana or Tongelreep Swimming centres
- Snow World or Montana Snow centre
- Amsterdam or Rotterdam city tours
- Bowling
- Amsterdam Dungeons
- Airborne Museum Arnhem
- Noordwijk Space Expo



## i EXAMPLE ITINERARY

*Day 1 – Morning departure by coach to ferry or Eurotunnel terminal. Evening training session.*

*Day 2 – Morning visit to d'Efteling Theme Park. 1st Fixture vs local opposition.*

*Day 3 – 2nd Fixture vs local opposition. Afternoon swim at the Tongelreep Swimming Complex. Two hour bowling session in the evening.*

*Day 4 – Check out of your accommodation. Departure by coach to ferry or Eurotunnel terminal for your return journey.*